

Onsite Fitness Class Schedule October 27 - November 20				
Times	Monday	Tuesday	Wednesday	Thursday
	October 27	28	29	30
12:10 PM (Location)	Total Body Fitness Wooten Park Gazebo (Alt. Location: Room 233)	Muscle Toning (Room 233)	Total Body Fitness Wooten Park Gazebo	Muscle Toning Wooten Park Gazebo
5:30 PM (Location)	Zumba (5:35 PM) City of Tavares Civic Center (behind library)	Pilates (Room 233)	Zumba (5:35 PM) (Ag Center)	Pilates (Room 233)
	3	4	5	6
12:10 PM (Location)	Total Body Fitness Wooten Park Gazebo	Muscle Toning (Room 233)	Total Body Fitness Wooten Park Gazebo (Alt. Location: Rm 233)	Muscle Toning (Room 233)
5:30 PM (Location)	Zumba (5:35 PM) City of Tavares Civic Center (behind library)	Pilates (Room 233)	Zumba (5:35 PM) City of Tavares Civic Center (behind library)	Pilates (Room 233)
	10	11	12	13
12:10 PM (Location)	Total Body Fitness Wooten Park Gazebo Alt. Location: Rm 233	Muscle Toning (Room 233)	Total Body Fitness Wooten Park Gazebo	Muscle Toning (Room 430)
5:30 PM (Location)	Zumba - 5:35 PM (Ag Center)	Pilates (Room 233)	Zumba - 5:35 PM City of Tavares Civic Center (behind library)	Pilates Community Svcs. Bldg. E. Conf. Rm
	17	18	19	20
12:10 PM (Location)	Total Body Fitness Wooten Park Gazebo Alt. Location: Rm 233	Muscle Toning (Room 430)	Total Body Fitness Wooten Park Gazebo Alt. Location: Rm 233	Muscle Toning Room 430
5:30 PM (Location)	Zumba (5:35 PM) (Ag Center)	Pilates (Room 233)	Zumba (5:35 PM) (Ag Center)	Pilates Community Svcs. Bldg. E. Conf. Rm

Cost: \$26 first month for new participants / \$29 a month for returning participants

For questions, please call Nadine Ohlinger, Lake County Employee Services, 343-9769
or email (nohlinger@lakecountyfl.gov)